

Lesson notes

Your best qualities

The lesson is divided into three parts:

Part	Activity	Interaction	Aims
Part 1.	The acronym.	Individual work	For students to reflect on their personal strengths and have them focus on positive aspects/traits of their personalities.
Procedure:	<p>Step 1. The teacher asks the students to write down their names.</p> <p>Step 2. Students are asked to come up with word associations (adjectives and/nouns) which represents their personal, best qualities (traits) Each person should come up with as many adjectives/nouns as the number of letters in their names.</p> <p>For example:</p> <p>P- patient A- attentive L-learning M- meticulous I- inspired N- natural A- active</p> <div data-bbox="683 1182 1337 1554" data-label="Image"> </div>		
Part	Activity	Interaction	Aims
Part 2.	The team key words.	Team work	For students to practise negotiation skills and create the identity of the team.
Procedure:	<p>The teacher asks the students to create a word representing their team.</p> <p>Step 1. In teams, each of the students is asked to choose one or maximum two letters from their own name (whether it is one or two letters will depend on the size of the team, with a big team it is better to choose 1 letter)</p>		

Step 2. Students put together their chosen letters and create a word (it may be a real or an invented word).

Step 3. After, students are asked to negotiate which other characteristics (qualities) they would like their team to have. These should be selected from the adjectives or nouns that they chose for their names.

These words will be the key words defining the team during team activities.

The team motto – an example

P atient	N atural	O rganized	N eutral
A ttentive	A lternative	R earl	A ctive
L earning	T ime	A rrival	I ntegrity
M eticulous	A ward	T eam	A lternative
I nspired	L oyal	I ndependent	
N oisy	I ntegrity	O ral	
A ctive	E ffective		

OPEN
Organized, Patient, Effective, Neutral

Part 3.	Team key words assessment.	Self- assessment in teams	For students to assess their performance in teams
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Procedure

Students perform a group task assigned by the teacher (any group task which requires collaboration and communication within or between teams).

Having completed the task, students get back to their teams and reflect on whether their performance reflects **the key words** chosen by the team in Part 2.

TEAM KEY WORDS ASSESSMENT

During the task/s or project proposed to you, have you managed to perform as your team key words state?

<p>YES</p> <p>✓</p> <p>If yes, give evidence of how you have expressed each quality/traits that you had chosen:</p> <p>.....</p>	<p>NO</p> <p>✗</p> <p>If no:</p> <p>What has not worked?</p> <p>.....</p> <p>What will you do differently next time?</p> <p>.....</p>
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Students' level	B1/B2 teenagers * Please note this activity can also be used with adult students.
Anticipated problems:	B1 students may not know enough adjectives and/or nouns for this purpose.
Solutions:	Pre-teach vocabulary e.g. through providing a list of useful adjective/nouns

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